

# BANGABANDHU WEEKLY

Everyone Belongs • Everyone Achieves • Everyone Thrives

WEEK ENDING 16<sup>TH</sup> OCTOBER 2026



## A message from Carly

I hope you have all had a good week.

This week, members of staff and I have thoroughly enjoyed interviewing the children who applied for a Bangabandhu job. It was wonderful to see just how brave, confident and enthusiastic they were during their interviews. Thank you to all the families who helped their children prepare by practising interview questions at home.

Our school jobs provide children with valuable opportunities to develop confidence, take on responsibilities and gain an understanding of the world of work. We will be announcing the successful applicants soon, ready for them to begin their new roles after half term.

Today was also school photograph day – a lovely opportunity to capture a special moment in your child's journey through primary school. Details of how to purchase photographs will be shared with families soon.

As the weather begins to turn cooler and wetter, please ensure your child comes to school with a waterproof coat, ideally with a hood. We also recommend shoes or trainers with good grip, as outdoor surfaces can become slippery in wet weather.

Thank you, as always, for your continued support. Wishing you all a lovely weekend!

**Carly Lawrence, Headteacher**

## ATTENDANCE

**94.93%** this week

Well done to **Megan Aroon Class** who had the highest attendance this week at **98.33%** 🎉

Our target: 97%

Every day and every minute of learning matters:

- 8.45am – Gates open – come into the playground, say hello and help us start the day together!
- 8.50am – Classroom doors open – time to settle in and get ready – parents say goodbye in the playground and children are taken to class.
- 8.55am – Registration is taken and learning begins promptly.
- 8.56am onwards – Children are marked late.
- If your child is absent, please let the school office know each day.

## NEXT WEEK AT A GLANCE

|                                          |                                                                                                                                                                       |
|------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>MONDAY 19<sup>th</sup> OCTOBER</b>    | <ul style="list-style-type: none"><li>• Monday 19<sup>th</sup> October – Friday 23<sup>rd</sup> October – Y6 Into University Week</li></ul>                           |
| <b>TUESDAY 20<sup>th</sup> OCTOBER</b>   | <ul style="list-style-type: none"><li>• 8.50am: THEWS Coffee morning introduction for all Parents in the main hall (see flyer at the end of the newsletter)</li></ul> |
| <b>WEDNESDAY 21<sup>st</sup> OCTOBER</b> | <ul style="list-style-type: none"><li>• 9.00am: Explorers Class coffee morning &amp; class meeting</li><li>• 2.30pm: Reception Stay and Read</li></ul>                |
| <b>THURSDAY 22<sup>nd</sup> OCTOBER</b>  |                                                                                                                                                                       |

**LOOKING AHEAD – DATES FOR YOUR DIARY**

- Monday 26<sup>th</sup> October – Friday 30<sup>th</sup> October – Half term
- Wednesday 16<sup>th</sup> December - Class Ambassadors visit to the Houses of Parliament
- Half term Monday 26<sup>th</sup> October – Friday 20<sup>th</sup> October
- Monday 2<sup>nd</sup> November – INSET DAY – School closed for staff training
- Tuesday 17<sup>th</sup> November - Y1 & Y2 Portrait Gallery

**Bangabandhu Parent Workshops – Autumn Term 2026**

| Date, Time & Location                            | Workshop                                                                                | Year Group(s) | Description                                                                                                                                                                                              | Led by                                          |
|--------------------------------------------------|-----------------------------------------------------------------------------------------|---------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------|
| 20.10.26<br>9am in the main hall                 | THEWS Coffee Morning                                                                    | All parents   | Introduction to THEWS service, how to make referrals.                                                                                                                                                    | Nabilah/Katie/ Naz                              |
| 21.10.26<br>2.30 in the reception classroom      | Stay and Read                                                                           | Reception     | Stay and read with your child in class. We would like to welcome you in to share some wonderful stories with your child.                                                                                 | Imrean, Shuhana, Katie and Melissa English Lead |
| 04.11.26<br>08.50 - 9.10am in the computing room | Device Awareness                                                                        | All parents   | Come along to our Device Advice workshop where Sameer will advise you on internet safety at home and show you how to put restrictions on your devices.                                                   | Sameer                                          |
| 10.11.26<br>11.30 in the nursery classroom       | Stay and Read                                                                           | Nursery       | Stay and read with your child in class. We would like to welcome you in to share some wonderful stories with your child.                                                                                 | Nazma and Katie                                 |
| 25.11.26<br>2.30 in the reception classroom      | Stay and play - How to support your child's physical development and writing skills     | Reception     | There will be activities what we do in school to encourage and support your child's physical development, including writing in all areas of learning and show you how you can continue this at home.     | Imrean, Shuhana, Katie and Melissa English Lead |
| 02.12.26<br>08.50 - 9.10am in the computing room | Device Awareness                                                                        | All parents   | Come along to our Device Advice workshop where Sameer will advise you on internet safety at home and show you how to put restrictions on your devices.                                                   | Sameer                                          |
| 02.12.26<br>11.30 in the nursery classroom       | Stay and play - How to support your child's physical development and mark making skills | Nursery       | There will be activities what we do in school to encourage and support your child's physical development, including mark making in all areas of learning and show you how you can continue this at home. | Nazma, Katie and Melissa English Lead           |
| 01.12.26<br>9am in the main hall                 | Supporting Children's Mental Health & Wellbeing – strategies.                           | All parents   | Strategies to help children build resilience and signposting to local mental health support.                                                                                                             | COMPASS                                         |

## BANGABANDHU NEWS AND UPDATES

### **Meet Our New Parent Governor – Rupia Khan**

Joining Anwar Miah as a parent governor, we are pleased to welcome Rupia in joining our Governing Body. Please read the message below from Rupia to our Bangabandhu parents and carers.



“My name is Rupia Khan. As a proud parent of a Year 3 pupil and an Ofsted-registered children’s home manager, I am incredibly proud to serve our school community once again as a parent governor. This school holds a very special place in my heart; I attended it myself as a child, and my older child left here just two years ago to move on to an Ofsted 'Outstanding' secondary school. My professional background is rooted in safeguarding, care standards, and children's welfare, but my true passion lies in supporting Special Educational Needs and Disabilities (SEND). I am deeply committed to ensuring that our school remains a fully inclusive environment where every child—regardless of their starting point or learning needs—receives the tailored support, resources, and encouragement they need to thrive. If you see me around especially in the mornings, please feel free to say hello!”

### **Year 1 Cube Jar Treat**

A big well done to Megan Aroon Class for filling their cube jar up to the top! Children receive cubes when the whole class work together to be respectful, responsible and ready to learn. They will be having a special ‘Board Games Afternoon’ on Thursday as their treat to celebrate. Keep up the fantastic learning!

## THIS WEEK’S FAMILY FOCUS

### **SAFEGUARDING CHILDREN**

#### **For Parents - Protecting Children’s Images from AI Abuse**

AI tools can now be used to manipulate ordinary photographs of children into sexual or otherwise harmful imagery.

The Internet Watch Foundation and the National Crime Agency have produced practical guidance for parents and carers about reducing the risk of image misuse.

The advice includes thinking carefully about privacy settings, who can see photographs, how much identifying information is shared and involving children in decisions about posting their images as they get older.

The guidance also explains what parents can do if an image has been manipulated or misused.

**Link:**

**IWF – Parent Guide: Stopping AI Child Image Abuse <https://www.iwf.org.uk/resources/ai-child-abuse-imagery-parent-guide/>**

#### **For Parents - Understanding AI Companions**

AI chatbots are increasingly able to hold long, personal conversations and may sometimes feel more like companions than simple information tools.

For parents, it's useful to understand how repeated conversations with an AI system can encourage trust or emotional attachment, particularly for children who may find the interaction supportive or easier than talking to another person.

Children and Screens has produced a short research overview explaining some of the opportunities and concerns around AI companions and young people.

Link:

**Children and Screens – Chatbots, AI Companions and Youth** [https://www.childrenandscreens.org/learn-explore/research/chatbots-ai-companions-and-youth/?utm\\_source=chatgpt.com](https://www.childrenandscreens.org/learn-explore/research/chatbots-ai-companions-and-youth/?utm_source=chatgpt.com)

### Safeguarding – Keeping Children Safe

If you have any concerns about a child's safety or wellbeing, please speak to our **Designated Safeguarding Lead, Naz Begum**, who oversees safeguarding and supports children and families.

If Naz is unavailable, please speak to one of our **Deputy Designated Safeguarding Leads: Katie Mik, Aysha Khanom or Carly Lawrence**.

**No concern is too small to share.**

## CHILDREN'S WELLBEING

### Wellbeing Tip of the Week – Time to Recharge

As we approach the end of a busy half-term, children may be feeling more tired or emotional than usual. Getting enough sleep, spending time outdoors and enjoying some quiet family time can make a big difference to their wellbeing.

**This week's tip:** Try setting aside 10 minutes each day for some uninterrupted time together – talking, reading, playing or simply listening. Small moments of connection help children feel safe, valued and supported.

## A QUICK REMINDER

### Jewellery and Watches – A Friendly Reminder

To help keep everyone safe and ready to enjoy all aspects of the school day, we kindly remind families of our expectations regarding jewellery and watches:

- **Earrings:** Only small stud earrings are permitted. Hoop and dangling earrings should not be worn.
- **PE days:** Children should come to school without earrings of any kind so they can participate safely in physical activities.
- **Watches:** We ask that children do not wear watches to school, including smartwatches.

Thank you for your support in helping us maintain a safe and positive learning environment for all children.

## ENRICHMENT OPPORTUNITIES

### Enrichment Clubs – Something for Everyone!

Here is our club offer for this term (if clubs are full, we will notify you when spaces become available)

| Club                                                                                   | Year Group          | Date and Time             |
|----------------------------------------------------------------------------------------|---------------------|---------------------------|
| Hobbies and Special interests –<br><b>Music</b> Enrichment Club led by Sam             | Y3, Y4, Y5 or Y6    | Mondays<br>3.15 – 4.00    |
| Sports and Wellness –<br><b>Doodling</b> Enrichment Club led Amina                     | Reception, Y1 or Y2 | Tuesdays<br>3.15 – 4.00   |
| Academic –<br><b>Spanish</b> Enrichment Club led Yolanda                               | Y1 or Y2            | Tuesdays<br>3.15 – 4.00   |
| Hobbies and Special interests –<br><b>Arts and Crafts</b> Enrichment Club led by Nazma | Reception, Y1 or Y2 | Tuesdays<br>3.15 – 4.15   |
| Academic –<br><b>Computer Coding</b> Enrichment Club led Charlene                      | Y3, Y4, Y5 or Y6    | Tuesdays<br>3.15 – 4.15   |
| Sports and Wellness –<br><b>Girls Football</b> Enrichment Club led Candice             | Y3, Y4, Y5 or Y6    | Tuesdays<br>3.15 – 4.15   |
| Sports and Wellness –<br><b>Doodling</b> Enrichment Club led Nadia                     | Y3, Y4, Y5 or Y6    | Tuesdays<br>3.15 – 4.15   |
| Sports and Wellness –<br><b>Football</b> Enrichment Club led Hasna                     | Y5 or Y6            | Wednesdays<br>3.15 – 4.15 |
| Hobbies and Special interests –<br><b>Board Games</b> Enrichment Club led by Jaheda    | Y1, Y2, Y3 or Y4    | Wednesdays<br>3.15 – 4.15 |
| Sports and Wellness –<br><b>Football</b> Enrichment Club led Yamin                     | Y3 or Y4            | Thursdays<br>3.15 – 4.25  |

## DON'T FORGET

Book bag every day

Named water bottle

Check Arbor

Arrive by 8.50am

## USEFUL INFORMATION FOR FAMILIES

Looking for information about school uniform, attendance and absence, medication, healthy snacks, the curriculum, school policies or the start and end of the school day? You can find these, along with other useful information and guidance for families, on the Bangabandhu Primary School website <https://www.bangabandhu.towerhamlets.sch.uk/>

## Parent survey

Your voice matters, and you could win £100 by telling us about your family's morning routines!

Bangabandhu Primary School is taking part in a national study about morning routines, breakfast, and before school childcare.

Please complete the survey by 23rd October 2026. Your answers will help inform the national rollout of free breakfast clubs.

# WIN £100 AND HELP IMPROVE THE MORNING SCHOOL RUN!

We are helping the Department for Education to  
understand how families start their day.



**Designed by parents, for  
parents**

Scan this QR code, complete the 10 minute  
survey and have the chance to **win £100!**

**Make sure the findings reflect families like yours!**



# PARENT COFFEE MORNING

**A FREE WORKSHOP FOR PARENTS  
AND CARERS OF BANGABANDHU  
PRIMARY SCHOOL**

**WE WILL COVER:**

**INTRODUCTION TO THEWS, HOW WE CAN SUPPORT  
YOU WITH YOUR CHILD'S EMOTIONAL WELLBEING,  
AND PARENTS OF NEURODIVERSE CHILDREN**

**Date: Tuesday 20<sup>th</sup> October**

**Time: 8:50am**

**Location: Bangabandhu Primary school**

