

BANGABANDHU WEEKLY

Everyone Belongs • Everyone Achieves • Everyone Thrives

WEEK ENDING 25TH SEPTEMBER 2026



A message from Carly

It has been another great week at Bangabandhu. The children have settled really nicely into their new classes and it has been wonderful to see them engaged in some fantastic learning.

Please remember that you are always welcome into the playground in the morning. This is a great opportunity to get to know your child's class teacher and to pass on any quick messages that may help us to support your child during the day. It is also a lovely chance to talk to other parents and carers, who can be a great source of friendship and support. Please encourage your child to socialise with other children too. Having time to connect with friends, feel welcomed and feel part of our school community can give children a really positive start to their day before they head into class ready to learn.

It is also lovely to see so many children looking smart in the correct school uniform, showing that they are proud to be part of the Bangabandhu community. We understand that buying uniform can sometimes be difficult, so please speak to us if you need support. We have donated uniform available and may have something suitable for your child.

We have lots of parent workshops and events coming up, so please take a look at the dates further down in this newsletter and pop them in your diary. We would love to see you there.

Thank you, as always, for all of your support. Have a lovely weekend!

Carly Lawrence, Headteacher

ATTENDANCE

95.7% this week

Well done to **Williams Morris Class** and **Helen Zughaib Class** who perfect attendance this week at **100%** 🎉

Our target: 97%

Every day and every minute of learning matters:

- 8.45am – Gates open – come into the playground, say hello and help us start the day together!
- 8.50am – Classroom doors open – time to settle in and get ready.
- 8.55am – Registration and learning begin.
- 8.56am onwards – Children are marked late.
- If your child is absent, please let the School Office know each day.
- Our attendance target is 97% – thank you for helping us get there together.

NEXT WEEK AT A GLANCE

MONDAY 28th SEPTEMBER	• Clubs start this week. • Bikeability lessons for Y5 & Y6 6 James Rizzi Class
TUESDAY 29th SEPTEMBER	• Bikeability lessons for Y5 & Y6 6 James Rizzi Class
WEDNESDAY 30th SEPTEMBER	• Bikeability lessons for Y5 & Y6 6 James Rizzi Class • Pioneers Class coffee morning & class meeting
THURSDAY 1st NOVEMBER	• Bikeability lessons for Y5 & Y6 6 James Rizzi Class
FRIDAY 2nd NOVEMBER	• Bikeability lessons for Y5 & Y6 6 James Rizzi Class

LOOKING AHEAD – DATES FOR YOUR DIARY

- Monday 5th October - Fire Safety Workshops for Year 2 and Year 5. Y5 AM and Y2 PM.
- Tuesday 6th October - Y5/6 James Rizzi Class to IMAX Science Museum
- Wednesday 7th October at 9.30am - Adventurers Class coffee morning & class meeting
- Friday 9th October – Monday 12th October – Y6 School Journey to PGL Marchants Hill – leaving at 2pm and returning at 3pm
- Wednesday 14th October at 9.30am - Discoverers Class coffee morning & class meeting
- Friday 16th October – Individual and sibling school photos
- Monday 19th October – Friday 23rd October – Y6 Into University Week
- Wednesday 21st October at 9.30am - Explorers Class coffee morning & class meeting
- Monday 26th October – Friday 30th October – Half term
- Wednesday 16th December - Class Ambassadors visit to the Houses of Parliament

Bangabandhu Parent Workshops – Autumn Term 2026

Date, Time & Location	Workshop	Year Group(s)	Description	Led by
29.09.26 9am in the main hall	Supporting Children's Mental Health & Wellbeing – spotting signs.	All	Spotting early signs of stress or anxiety and signposting to local mental health support.	COMPASS - School Nurse
30.09.26 9am in the main hall	Chapter One	Invitation only Year 1 and 2	This workshop will give you information about the Chapter One programme. We welcome you in to learn more about how it runs and how we can support your child with early reading.	Melissa English Lead
6.10.26 9am in the main hall	Maths interactive board game morning	Year 5 and 6 Helen Zughaib	Come along to join in with some maths with your child in this interactive maths workshop. Learn how your child tackles maths problems while playing the new home learning maths board game.	Class teachers
07.10.26 08.50 -9.10am in the computing room	Device Awareness	All Year Groups including Provisions	Come along to our Device Advice workshop where Sameer will advise you on internet safety at home and show you how to put restrictions on your devices.	Sameer
08.10.26 9am in classrooms	Maths interactive board game morning Y1 & Y2	Year 1 & Year 2	Come along to join in with some maths with your child in this interactive maths workshop. Learn how your child tackles maths problems while playing the new home learning maths board game.	Class teachers
13.10.26 9am in the main hall	Maths interactive board game morning Y3 & Y4	Year 3 & Year 4 Banksy	Come along to join in with some maths with your child in this interactive maths workshop. Learn how your child tackles maths problems while playing the new home learning maths board game.	Class teachers
14.10.26 9am in classrooms	Stay and Read	Year 1 and 2	Stay and read with your child in class. We would like to welcome you in to share some wonderful stories with your child.	Class teachers and Melissa English Lead
15.10.26 9am in classrooms	Maths interactive board game morning	Y3 & Y4 William Morris	Come along to join in with some maths with your child in this interactive maths workshop. Learn how your child tackles maths problems while playing the new home learning maths board game.	Class teachers

16.10.26 9am in classrooms	Maths interactive board game morning	Year 5 & Year6 James Rizzi	Come along to join in with some maths with your child in this interactive maths workshop. Learn how your child tackles maths problems while playing the new home learning maths board games	Class teachers
20.10.26 9am in the main hall	THEWS Coffee Morning	All classes	Introduction to THEWS service, how to make referrals	Nabilah/Katie/ Naz
21.10.26 9am in classrooms	Maths interactive board game morning	Year 5 & Year6 Jen Aranyi	Come along to join in with some maths with your child in this interactive maths workshop. Learn how your child tackles maths problems while playing the new home learning maths board games	Class teachers
04.11.26 08.50 -9.10am in the computing room	Device Awareness	All Year Groups including Provisions	Come along to our Device Advice workshop where Sameer will advise you on internet safety at home and show you how to put restrictions on your devices.	Sameer
02.12.26 08.50 -9.10am in the computing room	Device Awareness	All Year Groups including Provisions	Come along to our Device Advice workshop where Sameer will advise you on internet safety at home and show you how to put restrictions on your devices.	Sameer
01.12.26 9am in the main hall	Supporting Children's Mental Health & Wellbeing – strategies.	All	Strategies to help children build resilience and signposting to local mental health support.	COMPASS

BANGABANDHU NEWS AND UPDATES

We Are Looking for Parent Governors!

Would you like to play a part in helping to shape the future of Bangabandhu Primary School? We are looking for parents and carers to join our Governing Body as Parent Governors.

Parent Governors bring an important parent perspective to the Governing Body and work alongside other governors and school leaders to support the strategic development and improvement of the school. It is a great opportunity to learn more about how the school works, contribute your ideas and experience, and help us ensure that Bangabandhu continues to provide the best possible education for all of our children.

Parent Governors think about the school as a whole and contribute to discussions and decisions that benefit all of our children and our wider school community.

Parent Governors will need to commit to one Governing Body meeting each half term. Meetings will usually take place online, with the final meeting of the academic year taking place in person. From time to time, you may also be invited into school to contribute feedback and support our work around our school improvement priorities.

You do not need to be an expert in education or have previous governor experience. What is most important is a willingness to contribute, ask questions, listen to different perspectives and work positively with others for the benefit of the school.

Interested in becoming a Parent Governor? Please collect and complete an application form from the School Office or you can download it from our school website by clicking on this link

https://www.bangabandhu.towerhamlets.sch.uk/docs/Bangabandhu_Parent_Governor_Application_Form.pdf

We would love to have more of our parents and carers involved in helping Bangabandhu continue to grow and improve.

Year 6 at the Junior Citizenship Scheme this week

On Monday 21st September Year 6 went to Shadwell Fire Station – the host for this year’s Junior Citizenship scheme. The children were taught how to use public transport, how to spot and avoid peer pressure. The importance of smoke alarms as well as how to use a zip card to travel on public transport. More information on how your child can travel on London transport once they turn 11 [click here](#).

[11-15 Zip Oyster photocard - Transport for London](#)



ENRICHMENT OPPORTUNITIES

Enrichment Clubs – Something for Everyone!

Here is our club offer for this term (if clubs are full, we will notify you when spaces become available)

Club	Year Group	Date and Time
Hobbies and Special interests – Music Enrichment Club led by Sam	Y3, Y4, Y5 or Y6	Mondays 3.15 – 4.00
Sports and Wellness – Doodling Enrichment Club led Amina	Reception, Y1 or Y2	Tuesdays 3.15 – 4.00
Academic – Spanish Enrichment Club led Yolanda	Y1 or Y2	Tuesdays 3.15 – 4.00
Hobbies and Special interests – Arts and Crafts Enrichment Club led by Nazma	Reception, Y1 or Y2	Tuesdays 3.15 – 4.15
Academic – Computer Coding Enrichment Club led Charlene	Y3, Y4, Y5 or Y6	Tuesdays 3.15 – 4.15
Sports and Wellness – Girls Football Enrichment Club led Candice	Y3, Y4, Y5 or Y6	Tuesdays 3.15 – 4.15
Sports and Wellness – Doodling Enrichment Club led Nadia	Y3, Y4, Y5 or Y6	Tuesdays 3.15 – 4.15
Sports and Wellness – Football Enrichment Club led Hasna	Y5 or Y6	Wednesdays 3.15 – 4.15
Hobbies and Special interests – Board Games Enrichment Club led by Jaheda	Y1, Y2, Y3 or Y4	Wednesdays 3.15 – 4.15
Sports and Wellness – Football Enrichment Club led Yamin	Y3 or Y4	Thursdays 3.15 – 4.15

THIS WEEK'S FAMILY FOCUS

SAFEGUARDING CHILDREN

For Parents and Carers – Online Harm Groups

CEOP Education has produced new guidance to help parents understand online harm groups and how children can become drawn into them.

These groups may initially appear friendly or supportive before introducing secrecy, pressure, harmful challenges, threats or blackmail. The guidance explains some of the warning signs parents can look for and, importantly, how to respond calmly if they are worried about their child.

CEOP – What Are Online Harm Groups? <https://www.ceopeducation.co.uk/parents/articles/online-harm-groups/>

For Parents and Carers – Staying Safe While Gaming

Online games can be a great way for children to play and socialise, but as we know many games now include messaging, voice chat, purchases and interaction with people they do not know offline.

Ofcom's Parents Power Up guidance gives families a simple framework built around Check, Chat and Change — checking account details and settings, talking about who children play with and changing safety or parental controls where needed.

Ofcom – Parents Power Up: Helping Your Child Stay Safe While Gaming

Online <https://www.ofcom.org.uk/online-safety/protecting-children/parents-power-up-how-you-can-help-your-child-stay-safe-while-gaming-online>

CHILDREN'S WELLBEING

Screens, Sleep & Staying Safe Online

Children's online lives can have a significant impact on their **wellbeing, friendships and sleep**. At primary-school age, children are still developing the maturity and self-control needed to manage screens and online communication independently.

We strongly encourage families to **keep phones, tablets and other internet-connected devices out of children's bedrooms overnight**. Even when children have been told it is bedtime, having a device within reach can make it very difficult for them to resist checking messages, chatting with friends or continuing to use apps. A good family routine is to have devices **switched off and left with an adult at bedtime**, giving children the opportunity to properly switch off and get the sleep they need.

Please also be particularly cautious about **group chats and messaging facilities**. Online conversations can quickly lead to unkind comments, bullying, inappropriate language or photographs being shared without permission. Some services can also allow children to communicate with people they do not know, creating additional safeguarding risks. The NSPCC advises parents to check who children can communicate with, review privacy settings and be particularly aware of apps that allow group chats or contact from unknown users.

We recommend that children **cannot download new apps without an adult's permission**. Before agreeing to an app, don't rely on the age rating or the fact that it appears to be designed for children. Take a few minutes to find out **what the app actually allows children to do**: Can they message? Create or join groups? Share photographs or videos? Receive messages from strangers? Are there privacy, blocking and reporting controls?

Where children do have access to their own devices, we encourage families to **set clear limits, supervise their use and regularly talk about what they are doing online**. There is also enormous value in protecting time for a

childhood that includes plenty of **screen-free play, conversation, reading, creativity, friendships, outdoor activity and sleep.**

Ofcom's latest research provides a useful picture of children's increasingly complex online lives, while the NSPCC has practical guidance for families about chat apps, online bullying, privacy and keeping children safe.

Useful information for families:

[NSPCC – Chat apps and keeping children safe](#)

[NSPCC – Online safety advice for families](#)

[Ofcom – Children's Media Use and Attitudes 2026](#)

A simple family rule can make a big difference: screens stay out of bedrooms at bedtime, and adults stay involved in children's online lives.

A QUICK REMINDER

Book Bags

Thank you to our families for making sure children are bringing their book bags to school each day. Having their book bag with them means children can access their reading books throughout the school day and make the most of opportunities to read.

A quick reminder to please continue sending your child in with their book bag every day. Thank you for helping us to support their reading both at home and at school.

DON'T FORGET

Book bag every day

Named water bottle

Check Arbor

Arrive by 8.50am

USEFUL INFORMATION FOR FAMILIES

Looking for information about school uniform, attendance and absence, medication, healthy snacks, the curriculum, school policies or the start and end of the school day? You can find these, along with other useful information and guidance for families, on the Bangabandhu Primary School website <https://www.bangabandhu.towerhamlets.sch.uk/>